The Collaborative Professional Team

Your Personal Relationship Coach is a licensed professional with many years of experience working with couples and families. All coaches are also trained mediators. Your coach can help you build your confidence and skill in managing your relationship and resolving problems with your partner.

The Child Specialist: Also a licensed professional, who is experienced in "child wellness checks" to determine how a child is functioning at school, with peers and at home. This person also works with parents (after all, you're the expert on your child) to help their child, cooperating with the coaches to help you develop more effective parenting and co-parenting skills.

The Financial Specialist: A Certified Financial Specialist will help couples with money management and difficult money dialogues. Future planning may be included if couples ask for this service (no products are sold—this is a fee only service).

Together you choose who you want on your team and we help you design your ten week program to benefit you and your family.

BAUER SHEPHERD & ROSS

and Associates

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Questions?
Call Jean at (408) 973-1001
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The Collaborative Relationship Process

Coaching for Success in Your Relationship



www.bsrcounselingservices.com

BAUER SHEPHERD & ROSS AND ASSOCIATES

Serving Couples and Families for over 29 Years

The Collaborative Relationship Process

An Intensive Ten Week Course to Build Your Skills and Re-energize Your Relationship

What's Different About the Collaborative Relationship Process?



Each partner has a licensed, experienced professional as his/her own personal coach.

Coaches and partners meet both in one-onone meetings and four-way meetings to actively resolve differences and

strengthen their relationship.

Couples gain concrete tools to change their most challenging and difficult issues by working with an experienced team of Collaborative Professionals.

Parents are given helpful feedback on their children and provided with tools and techniques to help them parent more effectively together.

Money issues are openly discussed and resolved with the help of a financial specialist.

Using tested inventories and questionnaires, professionals are able to save time and money.

Why a Team?

Are You Thinking of the "D" Word?

Sadly, almost half of all marriages end in divorce. Many of these divorces are avoidable, but often couples wait until it's too late to get help. The Collaborative Team, an interdisciplinary group of professionals are trained to intervene in the most challenging and difficult relationships and avoid the often painful and financially costly effects of divorce. Whether couples are experiencing problems with co-parenting, communicating, problem-solving, supporting each other, or working together for their financial well-being, the Collaborative Relationship Team can offer the knowledge and expertise to help couples through difficult times and re-build their relationships.

Often a trained therapist alone is not enough to keep couples from heading toward divorce—sometimes more is needed. The Collaborative Team works with couples to provide a focused, timelimited process that gets their relationship back on track. After couples have completed their ten-week personalized course, they may decided to continue their work with a therapist outside the collaborative process.

What About Cost?

The Collaborative Relationship Process is an intensive ten week process. Goals and objectives are set by the couple. The team works with the couple to meet these goals. The goal of the team is to minimize costs by keeping a short-term focus and providing couples with "hands on" communication skills that show results in a short period of time—saving both time and money.

Money is also saved by utilizing professionals who are specifically trained in targeted areas. Whether these are financial, legal or emotional, the professionals you choose to be on your team will work together to help you solve your problems in an efficient, supportive way.

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